



Preschool Learning Milestones

BLUE CLASS

For a three-year-old preschooler, learning goals are aimed at enhancing their social, emotional, cognitive, physical, and language development as they prepare for more structured learning environments. Here are some key learning goals for three-year-olds in our preschool:

SOCIAL AND EMOTIONAL

- Developing cooperative play skills (e.g., playing with peers, sharing, and taking turns more effectively)
- Expressing feelings and emotions appropriately (e.g., using words to describe how they feel)
- Building stronger relationships with peers and teachers
- Understanding and following classroom routines and rules
- Beginning to resolve conflicts with adult guidance

COGNITIVE

- Recognizing basic shapes (circle, square, triangle) and colors
- Understanding numbers 1-10 and beginning to count objects
- Sorting objects by size, shape, or color
- Engaging in simple problem-solving activities (e.g., completing puzzles, matching games)
- Developing a sense of time (e.g., understanding "yesterday," "today," "tomorrow")

SELF-HELP SKILLS

- Further developing independence in tasks like putting on shoes, washing hands, and cleaning up
- Continuing progress with toilet training, including increased independence in the bathroom
- Learning to care for personal belongings (e.g., hanging up their coat, putting away toys)

CURRICULUM

The curriculum developed by the Galuste Gulbenkian Foundation for the blue class is tailored to support the evolving developmental needs of three-year-olds, with a focus on language, culture, and education. Children in this class will dive deeper into concepts repeating sentences and learning words in Armenian. While engaging in stimulating activities such as art, music, and interactive games. Through consistent practice, students will refine their Armenian language skills using personalized language books designed specifically for their age group. In addition to the books children in Blue class will be introduced and will see the letters in the books and they will learn five letters from the Armenian alphabet throughout the year.

COMMUNICATION AND LANGUAGE

- Expanding vocabulary to 500-1000 words and using more complex sentences
- Following multi-step directions (e.g., "Pick up the book and put it on the shelf")
- Engaging in conversations, asking questions, and responding to others
- Developing storytelling skills by recalling and talking about events
- Identifying letters of the alphabet and recognizing sounds of some letters

FINE AND GROSS MOTOR SKILLS

- Improving balance and coordination (e.g., running, jumping, climbing)
- Gaining better control of fine motor skills like cutting with scissors, holding a pencil, or stringing beads
- Beginning to form recognizable letters, especially the first letter of their name
- Gaining more independence in dressing, using utensils, and self-care tasks like toileting

CREATIVE EXPRESSION

- Experimenting with different art materials (e.g., markers, glue, play dough) and techniques
- Exploring music and movement through singing, dancing, and rhythm games
- Engaging in pretend play and role-playing activities, often creating more complex scenarios
- Exploring imaginative play and storytelling with toys and props